

## Referrals

You can be referred to our services by your health care professionals or community workers, or you can refer yourself.

Referrals can be made from our website, by email or by calling us.



## Supporting children and their families

## Contact us

0800 FAM CARE

0800 326 2273

[AnglicanFamilyCare.org.nz](http://AnglicanFamilyCare.org.nz)

[Enquiries@FamilyCare.org.nz](mailto:Enquiries@FamilyCare.org.nz)

[facebook/AnglicanFamilyCare](https://facebook.com/AnglicanFamilyCare)

Compassion Determination  
Strength Home-visiting  
Counselling Babies Care Parenting  
Support Whānau  
Family Caregiving  
Children Restorative Respite  
Trust Justice Help  
Development Community Unity  
Caring Family Start  
Commitment Common Purpose  
Loyalty Faith Patience Mahi Tahī  
Aroha Respect Understanding  
Integrity Honesty Modesty



## *What we do:*

We offer a range of intensive, home-based, early-intervention support services to improve the lives of Otago children and their families.

We support children, expectant mothers, parents and families to achieve good education, social and health outcomes by:

- visiting expectant parents and parents in their homes to provide information about how to care for their child, and what to expect at each stage of child development
- providing information and guidance about parenting skills and managing child behaviour
- linking families to community resources and support networks.

## *What you can expect from our services:*

Our services are:

- available throughout Otago
- voluntary
- free of charge
- for all people regardless of their beliefs
- client-led: you set the goals you want to achieve for your children and family.



More than  
**11,000**  
home visits  
in 2015-16

## *We also offer:*

- Family therapy and counselling to help individuals identify strategies that will support them to manage life's often complex and sometimes unexpected challenges.
- OCEANS Grief and Loss Programme (North Otago only) which provides an opportunity for children or young people who are missing someone in their lives (through separation or death) to share and learn from other children who have experienced a similar loss.
- Restorative Justice which offers victims of a crime an opportunity to address the harm done and put things right.
- Social workers in seven Dunedin schools who provide support to help children who have some challenges at school or home to integrate fully into school life.
- Emergency, short term and respite care for children from birth to 16 years.

*"I couldn't have done this without my worker. She was amazing, patient and really listened to me."*