

## Referrals

You can be referred to our services by a professional, community worker or you can self-refer.

Referrals can be made via our website, by email or by calling us.

Services vary by area – please contact us for details.

## Contact us

03 443 6623

027 583 6115

or

0800 FAM CARE

[AnglicanFamilyCare.org.nz](http://AnglicanFamilyCare.org.nz)

[Enquiries@FamilyCare.org.nz](mailto:Enquiries@FamilyCare.org.nz)

[Facebook/AnglicanFamilyCare](https://www.facebook.com/AnglicanFamilyCare)



## Central Otago/ Queenstown Lakes



Compassion Determination  
Strength Home-visiting  
Babies Care Parenting  
Stewardship Counselling Support Whānau  
Family Children Respite  
Excellence Development Trust Restorative Help  
Caring Manaaki Community Family Start Unity  
Commitment Aroha Patience Common Purpose  
Loyalty Faith Mahi Tahī  
Respect Understanding  
Integrity Honesty Modesty

## *Home-based Family Support*

This free short-term service (3-6 months) provides advice and support to parents/caregivers with children aged up to 17 years. We teach parenting skills, household management and routines; we work to increase the parent's knowledge of their children's needs and offer support to manage children's behaviour.

The Triple P parenting programme may be offered within this service. We provide advocacy and/or referrals to other agencies as required. We are client led - you choose your goals and we help you achieve them.

## *Strengthening Families*

Strengthening Families is a voluntary, client-led, early intervention process which helps to improve the health, education and social outcomes for families/whānau.

Families who require support from more than one agency can get all the professionals involved to one meeting so there is one plan, and everybody is working together on the family's goals.

*"I am talking more with my child to understand what she needs."*



**88%**  
completed our  
programmes  
with their  
needs met

*"My worker came up with solutions on the spot for what we had discussed."*

## *Family Start*

Family Start is a home visiting programme that focuses on improving children's growth and health, learning and relationships, family circumstances, environment and safety. It helps whānau who are struggling with challenges or problems that may make it harder for them to care for their baby or young child.

Family Start will begin to support babies and their parents or caregivers early – before the baby's birth or in their first year.

## *Pēpi-Pods*

Pēpi-Pods® are offered to families of babies who are at an increased risk of accidental suffocation. The capsules provide a safe space for co-sleeping.

## *Restorative Justice*

Restorative Justice is a process which aims to put right harm done to victims by offenders. Facilitators provide a safe and positive environment where offender and victim can meet face-to-face. All referrals to Restorative Justice are received through the Justice system.